



ROLE DESCRIPTION MATES Volunteer Befriender

Building an inclusive, diverse, and active humanitarian movement based on voluntary service.	
Department	Enhanced Supports
Availability	Minimum 12 month commitment - 1 – 2 hours per week - Flexible days and times
Location	Various locations
Category	Working in our Services and Programs

Role Purpose	
<p>Supporting Individuals who are socially isolated and have a diagnosed mental illness by providing one on one social support. Volunteers meet with their “MATE” on a weekly or fortnightly basis to participate in activities that will reduce feelings of social isolation.</p>	
Role Responsibilities	
<ul style="list-style-type: none"> • Identify local activities that support the participant’s social goals. • Participate in social activities alongside participants, providing encouragement and non- judgmental support. • Meet with your “MATE” on a regular, consistent basis, under the auspices of Family Based Care. • Communicating with the “MATES” Coordinator, reporting any incidents about the participant’s health, welfare, or wellbeing in consultation with your “MATE”. • Provide monthly reports to the “MATES” Coordinator. • Maintain confidentiality of information obtained during meetings unless this information must be disclosed to Family Based Care to assist the participant. • Notify your “MATE” in advance if unable to attend any scheduled meeting or activity. 	
Knowledge, Skills, and Experience	
<ul style="list-style-type: none"> • Good communication skills, with the ability to listen attentively to others. • Show empathy, kindness, and a genuine interest in people. • A willingness to acquire new skills to assist people who may be experiencing social isolation as the result of a mental health condition or episode. • Knowledge of, or ability to locate, local community information. 	
Check Requirements	
<ul style="list-style-type: none"> • A National Criminal History Check prior to commencement and renewed every three years (Family Based Care will reimburse you for this). • A Tasmanian Working with Vulnerable Person’s card (volunteer) (Family Based Care will reimburse you for this). • Attend scheduled volunteer meetings. 	
Learning and Development	
<ul style="list-style-type: none"> • Complete Family Based Care online learning modules as required. • Attend Family Based Care Volunteer Induction, Program Training, and ongoing training as required. 	
General Conditions	
<ul style="list-style-type: none"> • Act always in accordance with the Family Based Care Code of Conduct and Youth Safety Framework. • Comply with the Family Based Care Workplace Health and Safety management system. • Demonstrate skill, knowledge, and behaviours to work with Aboriginal and Torres Strait Islander people and other culturally and linguistically diverse people in a culturally respectful way. 	